

Bernalillo County

Community Health Council

Promoting Health & Wellbeing

for all County residents

"Health is more than the absence of disease. It is the optimum state of wellbeing: mental, physical, emotional, and spiritual. Health is wholeness. It includes a sense of belonging to community and experiencing control over one's circumstances and fate." — Healthy People in Healthy Communities: A Dialogue Guide, The Coalition for Healthier Cities and Communities.

#### **OUR VISION:**

A COMMUNITY THAT SUPPORTS THE ABILITY OF EVERYONE TO REACH HIS/HER FULL POTENTIAL. Bernalillo County
Community
Health Council

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Funded by the New Mexico Department of Health

### **Bernalillo County**

# Community Health Council





Promoting Health and Wellbeing For All County Residents

Phone: 505-314-0310 Fax: 505-314-0470

## **Bernalillo County Community Health Council**

# The Bernalillo County Community Health

**Council** strives to improve the health and wellbeing of all Bernalillo County residents and neighborhoods through a variety of strategies and activities:

By developing a Community Health Profile to identify and map our community's health resources, needs and characteristics.

By identifying and prioritizing important issues related to individual, familial, school and neighborhood health.

By working in partnership with other individuals, groups and agencies to promote health awareness and to provide community education about health issues.

By creating action plans, strategies and activities to achieve the systemic changes needed to meet the varied health needs of all Bernalillo County residents.



The best way to improve community health is through the ideas and efforts of that community's residents.

Become involved in making Bernalillo County a healthier place to live and grow!

For more information, contact Amy Lay at 505-314-0319 or by e-mail: alay@bernco.gov.

The Mission of the Bernalillo County Community Health Council:

To improve the health and quality of life in Bernalillo County through coalition building, health assessment and prioritization and community action.

#### **MEMBERS & & AFFILIATES**

Albuquerque Public Schools **American Red Cross Bernalillo County Resident Community Health Charities** Coalition for Healthcare Access Girl Scouts of Chaparral Council **Lovelace Sandia Health Systems** March of Dimes, NM Chapter NM Health Care Takes on Diabetes NM Action for Health Kids NM Department of Health NM Hispanic Cultural Center NM Teen Pregnancy Coalition PB&J Family Services Planned Parenthood of American Presbyterian Hospital Presbyterian Women's Health R.G. Enterprise Representative House District 24 Sandoval Community Health Alliance **Soutwest Improvement Council for** Wellness & Human Development **Young Women United UNM Maternal & Infant Program**